

ALQUANTUM

Networking for Women in Business



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2006 Event Dates

7th November
(Preston)

21st November
(Manchester)

CAR SHARING FROM BOLTON

Pam Holt from Apple Video has kindly offered to car share with ladies from the Bolton area who are travelling to the next event.

If you would like to take her up on this offer please contact Pam direct.

2007 Dates

23 January
(Manchester)

31 January
(Preston)

20th February

An Opportunity for Discussion

We took the time at our November meeting in Manchester to look at and exchange ideas about how we can generate more business, to share experience about the pitfalls and challenges that we face and the solutions we have found as individuals in resolving these issues.

The second half of the 'Discussion' session turned to networking and we discussed the various types of networking environments and how to maximise on the networking opportunities we

encounter.

We also looked at the different ways that we can present information about our business when we are faced with doing an 'elevator' pitch or '60 second stand up'.

The ladies who attended found the session really useful and the exchange of ideas and useful hints and tips was of benefit to all.

We will repeat this session some time in 2007 and the group also asked for us to include short sessions from time-to-time on topics that would be of benefit to all the ladies who attend.

Preston Group Welcomes New Ladies

Our Preston Group were delighted to welcome some ladies who were attending the recently formed Preston group of *ALQUANTUM* for the first time.

This meeting focussed entirely on networking and we met some really lovely people and found out

about some very interesting businesses.

The group are looking forward to the next meeting in January when Eileen Graham will be presenting a short workshop on confidence building skills.

We have to apologise

that we don't have any photographs from the Preston group this month - entirely due to yours truly who forgot to charge the camera battery - oops!

Our next Events are on Tuesday, 23rd January in Manchester at Worsley Old Hall and 31st January in Preston at The Farington Lodge Hotel.

If you know someone who would benefit from attending please do invite them and let me know.

Kind Regards

Laura